



# سُورَةُ الْمُرَّمَلِ

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*The compilation of this work is an attempt to document the linguistic definitions of words and verbs, some tafseer commentary, and the translation done by our brother in Islaam, Nouman Ali Khan in his Quran cover to cover project done at the Bayyinah Institute. It is highly recommended to couple this PDF with watching the videos on Bayyinah T.V. to attain maximum benefit*

## سُورَةُ الْمُرَّمَلِ

### Ayah 1



*Sahih International*

O you who wraps himself [in clothing],

**Nouman Ali Khan**

Oh the one wrapped in the blanket

### Ayah 2



*Sahih International*

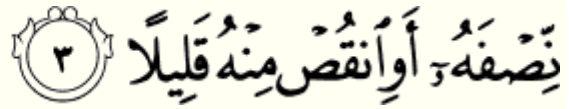
Arise [to pray] the night, except for a little –

**Nouman Ali Khan**

Stand the night, except for a little bit

[Here, instruction is given to the Prophet (صلى الله عليه وسلم) to perform Qiyam-ul-layl (night prayers). It's mandatory on him but additional for us.]

## Ayah 3



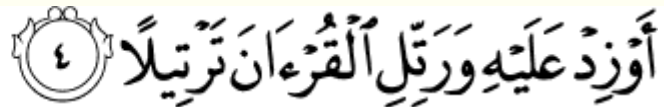
*Sahih International*

Half of it - or subtract from it a little

**Nouman Ali Khan**

Atleast half of it or take a little from it

## Ayah 4



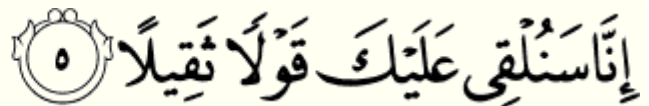
*Sahih International*

Or add to it, and recite the Qur'an with measured recitation.

**Nouman Ali Khan**

Or increase it and recite the Quran in slow, rhythmic, and enunciated tones

## Ayah 5



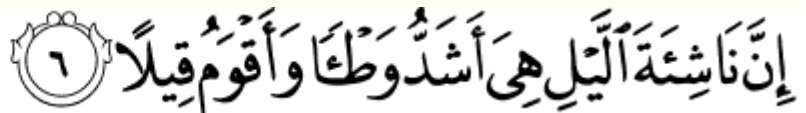
*Sahih International*

Indeed, We will cast upon you a heavy word.

**Nouman Ali Khan**

No doubt, We are going to throw unto you a word that is extremely heavy.

## Ayah 6



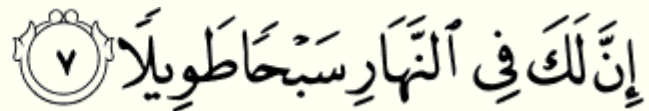
*Sahih International*

Indeed, the hours of the night are more effective for concurrence [of heart and tongue] and more suitable for words.

**Nouman Ali Khan**

No doubt, getting up at night it is more firm when it comes to planting your feet (all the worship you do is planted more firmly) and it's more upright in terms of speech.

## Ayah 7



*Sahih International*

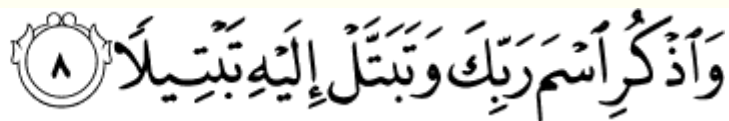
Indeed, for you by day is prolonged occupation.

**Nouman Ali Khan**

No doubt, in the morning there is great deal of activity

سَبْح (Sabh) – relentless activity

## Ayah 8



*Sahih International*

And remember the name of your Lord and devote yourself to Him with [complete] devotion.

**Nouman Ali Khan**

And make mention of your Master's name and cut yourself to Him, connect to Him completely

## Ayah 9



*Sahih International*

[He is] the Lord of the East and the West; there is no deity except Him, so take Him as Disposer of [your] affairs.

**Nouman Ali Khan**

The Master of the entire east and the entire west; no one is to be worshipped in any way, shape, or form except He, then take Him as the Disposer of your affairs.

## Ayah 10

وَأَصْبِرْ عَلَى مَا يَقُولُونَ وَأَهْرِجْهُمْ هَجْرًا جَمِيلًا ﴿١٠﴾

*Sahih International*

And be patient over what they say and avoid them with gracious avoidance.

**Nouman Ali Khan**

And be patient over what they are saying and abandon them in a beautiful way.

## Ayah 11

وَذَرْنِي وَالْمُكَذِّبِينَ أُولِيَ النَّعْمَةِ وَمَهِّلْهُمْ قَلِيلًا ﴿١١﴾

*Sahih International*

And leave Me with [the matter of] the deniers, those of ease [in life], and allow them respite a little.

**Nouman Ali Khan**

And let Me deal with them, the people who are possessors of great luxury and give them a little bit of time

## Ayah 12

إِنَّ لَدَيْنَا أَنْكَالًا وَجَحِيمًا ﴿١٢﴾

*Sahih International*

Indeed, with Us [for them] are shackles and burning fire

**Nouman Ali Khan**

We have in Our possession heavy fetters and blazing fire

## Ayah 13

وَطَعَامًا ذَا غُصَّةٍ وَعَذَابًا أَلِيمًا ﴿١٣﴾

*Sahih International*

And food that chokes and a painful punishment -

**Nouman Ali Khan**

And food that gets stuck (choked) and on top of that painful punishment.

## Ayah 14

يَوْمَ تَرْجُفُ الْأَرْضُ وَالْجِبَالُ وَكَانَتِ الْجِبَالُ كَثِيبًا مَّهِيلًا ﴿١٤﴾

*Sahih International*

On the Day the earth and the mountains will convulse and the mountains will become a heap of sand pouring down.

**Nouman Ali Khan**

On that Day the earth and mountains will be turned into dunes of sand

## Ayah 15

إِنَّا أَرْسَلْنَا إِلَيْكُمْ رَسُولًا شَهِدًا عَلَيْكُمْ كَمَا أَرْسَلْنَا إِلَىٰ فِرْعَوْنَ رَسُولًا ﴿١٥﴾

*Sahih International*

Indeed, We have sent to you a Messenger as a witness upon you just as We sent to Pharaoh a messenger.

**Nouman Ali Khan**

No doubt, We have sent a Messenger upon you to witness against you just as We sent a messenger to Pharaoh.

## Ayah 16

فَعَصَىٰ فِرْعَوْنُ الرَّسُولَ فَأَخَذْنَاهُ أَخْذًا وَبِيلًا ﴿١٦﴾

*Sahih International*

But Pharaoh disobeyed the messenger, so We seized him with a ruinous seizure.

**Nouman Ali Khan**

But Pharaoh disobeyed the messenger, so We grabbed him and we threw him in the river.

## Ayah 17

فَكَيْفَ تَتَّقُونَ إِن كَفَرْتُمْ يَوْمًا يَجْعَلُ الْوِلْدَانَ شِيبًا ﴿١٧﴾

*Sahih International*

Then how can you fear, if you disbelieve, a Day that will make the children white- haired?

**Nouman Ali Khan**

Then if Pharaoh couldn't escape how you are going to protect yourself from a Day when children will turn grey-haired.

## Ayah 18

السَّمَاءُ مُنْفَطِرٌ بِهِ ۚ كَانَ وَعْدُهُ مَفْعُولًا ﴿١٨﴾

*Sahih International*

The heaven will break apart therefrom; ever is His promise fulfilled.

**Nouman Ali Khan**

The sky itself ripping tearing that day, His promise has already been fulfilled.

## Ayah 19

إِنَّ هَذِهِ تَذْكِرَةٌ فَمَنْ شَاءَ اتَّخَذَ إِلَىٰ رَبِّهِ سَبِيلًا ﴿١٩﴾

*Sahih International*

Indeed, this is a reminder, so whoever wills may take to his Lord a way.

**Nouman Ali Khan**

No doubt, this is a very powerful reminder, so whoever would want may take a path towards their Master

## Ayah 20

﴿٢٠﴾ إِنَّ رَبَّكَ يَعْلَمُ أَنَّكَ تَقُومُ أَدْنَىٰ مِنْ ثُلُثِي اللَّيْلِ وَنِصْفَهُ، وَثُلُثَهُ، وَطَائِفَةٌ مِّنَ الَّذِينَ مَعَكَ ۚ وَاللَّهُ يُقَدِّرُ اللَّيْلَ وَالنَّهَارَ ۚ عَلِمَ أَن لَّنْ نَّحْصُوهُ فَتَابَ عَلَيْكُمْ ۖ فَاقْرَءُوا مَا تَيَسَّرَ مِنَ الْقُرْآنِ ۚ عَلِمَ أَن سَيَكُونُ مِنْكُمْ مَّرْضَىٰ ۖ وَآخَرُونَ يَضْرِبُونَ فِي الْأَرْضِ يَبْتَغُونَ مِن فَضْلِ اللَّهِ ۖ وَآخَرُونَ يُقْتَلُونَ فِي سَبِيلِ اللَّهِ ۚ فَاقْرَءُوا مَا تَيَسَّرَ مِنْهُ وَأَقِيمُوا الصَّلَاةَ وَآتُوا الزَّكَاةَ وَاقْرِضُوا اللَّهَ قَرْضًا حَسَنًا ۚ وَمَا تُقَدِّمُوا لِأَنفُسِكُمْ مِن خَيْرٍ يَّجِدُوهُ عِنْدَ اللَّهِ هُوَ خَيْرًا وَأَعْظَمَ أَجْرًا ۚ وَأَسْتَغْفِرُوا لِلَّهِ إِنَّ اللَّهَ غَفُورٌ رَّحِيمٌ

*Sahih International*

Indeed, your Lord knows, [O Muhammad], that you stand [in prayer] almost two thirds of the night or half of it or a third of it, and [so do] a group of those with you. And Allah determines [the extent of] the night and the day. He has known that you [Muslims] will not be able



to do it and has turned to you in forgiveness, so recite what is easy [for you] of the Qur'an. He has known that there will be among you those who are ill and others traveling throughout the land seeking [something] of the bounty of Allah and others fighting for the cause of Allah. So recite what is easy from it and establish prayer and give Zakah and loan Allah a goodly loan. And whatever good you put forward for yourselves - you will find it with Allah. It is better and greater in reward. And seek forgiveness of Allah. Indeed, Allah is Forgiving and Merciful.

### **Nouman Ali Khan**

No doubt about it, your Master knows that you are standing two thirds of a night or half of it or a third of it and a group of those with you also do it. And Allah calculates the duration of the night and the day. He already knew that you won't be able to keep track of it and He accepted your repentance, but you should still read whatever is easy for you from the Quran. He already knew some of you are going to sick, some of you will be travelling, and others are going to be fighting for the sake of Allah. So read whatever is easy and establish the mandatory Salah and give Zakah and give Allah a beautiful loan. And whatever good you do for your own self – you will find it in Allah's possession. It is better in terms of compensation. And continue to ask forgiveness of Allah. No doubt, Allah is always Forgiving, extremely Merciful.